

May 7, 2025, General Meeting Francie's View

Meeting on May 14th is at the Hyde, 3200 West Mineral King Ave.



Memorial Day May 26, 2025









Pro Youth went to a Boost Conference in Palm Springs where they rocked their presentation for the After School Conference. They brought President Marc celebratory German Chocolate Chip Cookies from the famous Sherman's Bakery and Deli

(Co-o-o-o-kies!)



Happy 42nd Anniversary Phil and Sandy Hornburg!





DEMOTION

We are dark at Noon on June 25th

Speakers

May 14, 2025 Blake Zante, The Maddy Institute

May 21, 2025

Rob Fox- Craft Talk about his trip to Cuba

May 28, 2025

Jennifer Welch Nicholson, Riata Ranch Riata Ranch

June 04, 2025

COS: Tom Wilson, Dir. of Police Academy & Nick Branch, Dir. of Fire Academy

?

June 11, 2025

Christopher Greer, Assistant Agricultural Commissioner Updates regarding the ag industry in Tulare County

Club Meeting

Visalia

Meets at Marriott

Downtown

300 South Court Visalia, CA

Wednesday at 12:00 PM

Club Leaders

Marc Mertz



Michael D Damron President-Elect



Michael D. Brown Youth Services Chair



Peter M. Cowper Club Service Chair



Nevin House Club Director



<u>Judy L Gibson</u> Membership Chair



Greg Hagopian



iPast President



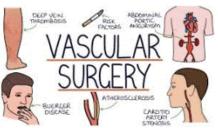
Mary Jane Jennings Secretary

Wayne Yada Treasurer



June 26, 2025 at 5 pm Demotion at Scott Jacobsen's House

Taco Truck Dinner (Yum!)



Program

Lamar Mack, M.D.

Advances in Vascular Surgery

Dr. Mack gave us a very interesting program with pictures of a few vasculare manifestations and treatment. Recent advances in vascular surgery are allowing patients to be treated locally and less invasively. I found it particularly interesting that the risk of stroke from surgery to clean out the plaque from the carotid artery has been greatly reduced by using blood flow reversal to flush the plaque away from the brain. The first step to lowering the risk of vascular disease is to stop smoking. The next steps are to keep blood sugar under control, eat a healthy diet, exercise, and control cholesterol. Spider veins and varicose veins are not indicative of heart and vein disease. Dr. Mack is striving to bring new technology relating to comprehensive vascular surgery services. He provides a range of procedures, including open and endovascular surgery, for conditions like aortic aneurysms, peripheral artery disease, carotid artery disease, chronic venous insufficiency, and other vascular problems. Open vascular surgery is traditional surgery with incisions to repair or replace damaged blood vessels. Endovascular surgery is a minimally invasive procedure using catheters and other tools inserted into the blood vessels. (Dr. Mach gave us additional information, but I am concerned I have already misspoken enough to irritate the doctors in our club and I want to reduce further irritation! Thank you, Dr. Mack for this informative program!

Announcements!

May 14, 2025 - Meeting at the Hyde

June 25, 2025 - Dark at noon because demotion is the next day

June 26, 2025 - Demotion at the home of Scott Jacobsen, 5 pm

Rotary Merchandise: SHOW YOUR CLUB SPIRIT! Go to our club website and click on "Merchandise." You can now order quality Rotary Merchandise; our club receives a portion of the proceeds from these sales.

PLEASE BUY SOME STUFF! Go to https://stores.inksoft.com/rotary/shop/home





<u>Cameron Bledsoe</u> Rotary Foundation Chair



<u>Dennis R. Forester</u> Sergeant-at-Arms



Ron Hellstern Sergeant-at-Arms

Birthdays

Andrew Hall May 19th Craig Wheaton May 27th Douglas Berg May 29th Brent Calvin June 9th Victor Perez June 10th Nathan Hernandez June 11th

Wedding Anniversaries

Gerald M. Schneider May 13th Bruce A. Nicotero May 14th B.J. Perch May 17th Byron W. Riegel May 18th Anil Chagan May 18th Gary K. Herbst May 21st Aidan P. Lozano May 27th Sherri K Smith May 31st Don R. Estes June 3rd